

ST. LUKE'S CHURCH OF ENGLAND PRIMARY SCHOOL

Church Lane
Lowton
Warrington
WA3 2PW
Headteacher: Mr S Hardaker



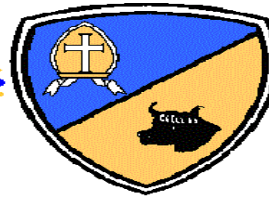
01942 201140

web

www.saintlukes.wigan.sch.uk

e-mail

enquiries@admin.saintlukes.wigan.sch.uk



22 September 2025

Dear Parent/Carer,

Year 6 PSHE and Relationships Programme

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through Personal, Social and Health Education (PSHE). This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

On **Wednesday 1st October** we will be welcoming the leading children's health and wellbeing charity, Coram Life Education (CLE) into our school to deliver some of the relationships and sex education (RSE) aspect of our PSHE programme to year 6. This programme is designed to help children make healthy choices and keep themselves safe during their school years and beyond. The design of the programme has taken into account the requirements of statutory guidance, up-to-date best practice guidance, and the needs of our children.

There will be a session at 8:45am in the morning for parents to meet the educator, view resources and ask any questions they may have. This will take place in the Library (entry through the external Library door at 8:45am). It would be great to see you there.

The lessons delivered to our pupils will focus on body changes and keeping safe. Your child will be exploring these themes by examining the following questions:

- What are personal boundaries?
- Who can I talk to if I feel uncomfortable or if someone isn't respecting my personal boundaries?
- What is personal and private information?
- What kind of physical contact is unacceptable and how should I respond?
- How will my body and emotions change as I approach and move through puberty?
- How do I feel about growing up and changing?
- What are the correct words for the male & female external & internal reproductive organs
- How do humans reproduce?
- Can people of the same sex love each other? Is this ok?
- What do I do if someone wants me to do something I know is wrong or makes me feel uncomfortable?
- How can I say 'no' to someone and keep myself safe but without hurting their feelings?
- Who can I talk to if I want help and advice or am worried about someone else?

Although Sex Education it is not a statutory requirement in primary schools, schools are encouraged by the Department of Education to deliver Sex Education to ensure that both boys and girls are prepared for the changes adolescence brings and – drawing on knowledge of the human life cycle set out in the National Curriculum for science - how a baby is conceived and born. Parents have a right to withdraw their child from Sex Education which goes beyond the national curriculum for science. At St Luke's, we choose to deliver Sex Education to Year 6 pupils and we would encourage any parent who is thinking of withdrawing their child from these parts of the workshop to contact Mr Hardaker to discuss their concerns.

Appropriate questions that arise from the children during the workshops will be answered honestly, factually and in the context of safe, supportive, loving, and caring relationships. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. All resources that will be used have been reviewed by the school for their suitability, and tailored to suit our children's needs.

We recognise that parents and carers play a vital part in their child's RSE, and we encourage you to explore these questions with your child at home as well.

If further advice or support is required please do not hesitate to speak to your child's class teacher or Mr Hardaker.

Yours Sincerely

Mrs H Beechey

PSHE Subject Leader



SCHOOL
MEMBER

